

## 12. Home Economics

### B.A. Essentials of Home Economics-II

Total Mark: 100

#### Appendix 'A'

##### (Outlines of Tests)

<b>Paper-A:</b>	Human Development & Family Studies: Art & Design and Home Management (Written):	<b>75 Marks</b>
<b>Paper-B:</b>	Practical:	<b>25 Marks</b>

#### Appendix 'B'

##### (Syllabi and Courses of Reading)

<b>Paper-A:</b>	<b>Human Development &amp; Family Studies and Art &amp; Design and Home Management</b>	<b>75 Marks</b>
<b><u>Section-I:</u></b>	<b>Human Development &amp; Family Studies</b>	<b>25 Marks</b>

### 1. Developmental Stages & Adjustments

- i. Introduction to human development
- ii. Brief introduction of infancy, childhood, adolescence
- iii. Early adulthood
- iv. Middle adulthood
- v. Late adulthood / Old age

### 2. Maternal And Child Health

- i. Preparation for parenthood
- ii. Maternal health
- iii. Prenatal care
- iv. Postnatal care

### 3. Introduction to Family

- i. Definition, objectives and importance
- ii. Function of family
- iii. Family types
- iv. Family life cycle

### 4. Family Relations

- i. Introduction to family relations.
- ii. Factors affecting family relations.
- iii. Preparation for marriage (husband-wife relations and relations with inlaws).

- iv. Dealing with tensions and conflicts in the family.

**5. Community Development and the Family**

- i. Definition of community
- ii. Communities in urban/rural areas.
- iii. Functions of community in family development
- iv. Role of family in the development of community

**Section-II: Art & Design**

**25 Marks**

**1. Importance of Art and Design in Home Economics**

**2. Application of Design in Everyday Life**

- i. Home Designs
- ii. Apparel designs
- iii. Design in consumer goods

**3. Principles of Design**

- i. Balance
- ii. Proportion
- iii. Emphasis
- iv. Harmony
- v. Rhythm

**4. Elements of Design**

- i. Line
- ii. Color
- iii. Shape and form
- iv. Texture

**5. Graphic Designing**

- i. Lettering
- ii. Labeling

### **Section-III: Management of Home and Environment**

**25 Marks**

#### **1. Home Management**

- i. Scope of management
  - Definition of management
  - Management; importance and process
  - Goals and values; definition and importance
- ii. Resources:
  - Management of specific resources
  - Management of time and energy
- iii. Work simplification
  - Fatigue
  - Layout of work areas and equipment

#### **2. Management of family income**

- i. Budgeting
- ii. Saving: importance and methods of saving

#### **3. Decision making**

- i. Definition
- ii. Steps of decision making

#### **4. Environmental Management**

- i. Definition and importance of environment
- ii. Causes of environmental degradation
- iii. Impact of environment on healthy family living

#### **5. Consumer Education**

- i. Definition and Importance
- ii. Consumer behavior
- iii. Rights and responsibilities of consumer (examples from every domain of Home Economics)

#### **6. Flower Arrangement**

- i. Principles of fresh & dry Flower arrangements
  - Types of fresh Flower arrangements

**Section-I:**

Participating in community based intervention and support programs OR  
Study, evaluate and report any problem of a peer or 3 to 5 year child

**Section-II**

- i. Color wheel (6 color schemes)
- ii. Study of color and texture in paper collage.
- iii. Application of principle of design in card making (3 cards)
- iv. Designing of label (2 labels)
- v. 3 sample each of Tie n Dye and stenciling.
- vi. Designing with letters on file covers / Cards /Poster (A4 Size)

**Section-III**

1. Flower arrangement (Fresh, Dry)
2. A poster depicting environmental hazards and remedies